

Lesson 2 Relationships and Reproduction

Learning Intention

To consider reproduction in the context of relationships

Learning Outcomes

Discuss different types of adult relationships with confidence

Explain how babies are made

Resources

- DVD - Living and Growing Unit 2, Programme 5,
- How Babies are Made.
- [Relationship pictures](#)

Activities

1. Re-cap

In a circle, remind the class of the ground rules from the last lesson. Ask the class what they remember about puberty and reproduction from that lesson.

2. Learning Outcomes

Refer to the learning outcomes on the whiteboard and discuss what they mean. Ensure the children understand the word relationship and ask for examples of different types of relationships (including friendship).

3. Relationship Pictures Activity

Give pairs or small groups a [Relationship picture](#). Ask the groups to give responses to the pictures and to explore these questions: *What kind of relationship is shown in the picture? Do you think it is a positive relationship or not? How can you tell?* Additional pictures can be found from magazines or from the *Getting started with SEAL* photo cards.

4. Feedback

As a whole class, ask each group to hold up their Relationship picture and give feedback, based on the questions they were asked. Use the discussion and the range of pictures to reflect the diversity of relationships and families. Record on the whiteboard any ideas about what makes a positive relationship. Ask whether there are any differences between friendships and adult relationships (e.g. different types of touch and intimacy, sexual feelings).

5. DVD *How Babies Are Made*

Tell the class that they are going to watch a film about relationships and in particular about relationships between adults. Explain that the film also includes a cartoon animation of sexual intercourse, which is one of the ways adults express their feelings in a sexual relationship. The cartoon will also show how a baby is made. Explore how the class might feel about this and discuss strategies to help them manage their feelings during the film.

6. DVD Discussion

After the film, ask the children to reflect in pairs on what they've seen; e.g. *what did they like/not like about the film? What surprised them?* Share ideas and discuss the film with the whole class; ask open-ended questions such as: *What were the different relationships we saw in the film? What qualities did each person value in their friend or partner? Why had one particular couple decided to have a baby?* Refer back to the list of words on the board about what makes a positive relationship. Review sexual intercourse, checking understanding and clarifying any misunderstandings.

7. Anonymous Questions

Ask the pupils to write any questions they have using a sentence stem: *After this lesson I wanted to know ...* Explain that these questions will be answered in the next lesson. Review and close.

Additional Activities

Diamond Nine

In pairs, ask the class to write at least three qualities of a good friend on three separate squares of paper. Ask the pairs to join up to make a group of four and together think of some more qualities until they have nine squares of paper. Ask each group to arrange the squares in order of importance using a diamond or pyramid shape. Feedback and discuss.

Relationship Go-Round

In pairs, ask the children to complete a sentence using a sentence stem: *One important thing to have in a relationship is ...* Finish with a closing round using the same sentence stem.