Year group	SRE (Sex and relationship education)	Science linked to PSHE taught
Foundation stage	Reception –	Knowledge and understanding of the World
(Nursery and Reception)	<ul> <li>Our Lives</li> <li>Our day</li> <li>Keeping ourselves clean</li> <li>Families</li> <li>Baby animals and there mum.</li> </ul>	<ul> <li>Children explore creatures, people, plants and objects in their natural environments.</li> <li>They talk about features of Porthleven and how places vary.</li> <li>Through Forest schools we observe the changes in plants and animals throughout the seasons.</li> </ul>
	<ul> <li>Understanding our bodies when we are hot thirst, cold or need the toilet.</li> </ul>	
Year 1/2	Year 1 — Growing and Caring for Ourselves  • Learn about the special people in our lives and how we care for one another.  • about how we change as we grow  • about the differences and similarities between people  • keeping clean  • Family and care  Drugs, Tobacco and Alcohol Education Medicines and People Who Help Us  • staying healthy	<ul> <li>Year 1 -</li> <li>Pupils should be taught to:</li> <li>identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals</li> <li>identify and name a variety of common animals that are carnivores, herbivores and omnivores</li> <li>describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets)</li> <li>Illidentify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.</li> </ul>
	<ul><li>medicines</li><li>who gives us medicines</li></ul>	
	Year 2- Differences  • Learn about the special people in our lives and how we care for one another.  • about how we change as we grow • about the differences and similarities between people	<ul> <li>Year 2-</li> <li>Pupils should be taught to:</li> <li>explore and compare the differences between things that are living, dead, and things that have never been alive</li> <li>identify that most living things live in habitats to which they are suited and describe how different habitats provide for the basic needs of different kinds of animals and plants, and how they depend on each</li> </ul>

	<ul> <li>Naming body parts</li> <li>Drugs, Tobacco and Alcohol Education</li> <li>Keeping Safe</li> <li>risk</li> <li>hazardous substance</li> <li>who gives us medicines</li> </ul>	<ul> <li>identify and name a variety of plants and animals in their habitats, including micro-habitats</li> <li>describe how animals obtain their food from plants and other animals, using the idea of a simple food chain, and identify and name different sources of food.</li> <li>notice that animals, including humans, have offspring which grow into adults</li> <li>find out about and describe the basic needs of animals, including humans, for survival (water, food and air)</li> <li>describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.</li> </ul>
Year 3/4	Year 3 –  Valuing Differences and Keeping Safe  • Learn about friendship—why it is important and what makes a good friend • how to maintain good friendships • Learn about solving disagreements and conflict amongst ourselves and our peers • Differences between males and females • Personal space • Family differences  Drugs, Tobacco and Alcohol Education Smoking • why people smoke • physical effects of smoking • smoking and society	Year 3 — Pupils should be taught to:  identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat  identify that humans and some other animals have skeletons and muscles for support, protection and movement.

	<ul> <li>Year 4-</li> <li>Growing Up</li> <li>Growing and changing bodies.</li> <li>to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.</li> </ul>	<ul> <li>Year 4- Pupils should be taught to:         <ul> <li>describe the simple functions of the basic parts of the digestive system in humans</li> <li>identify the different types of teeth in humans and their simple functions</li> <li>construct and interpret a variety of food chains, identifying producers, predators and prey.</li> </ul> </li> </ul>
	Drugs, Tobacco and Alcohol Education Alcohol  • effects of alcohol  • alcohol and risk  • limits to drinking alcohol	
Year 5/6	<ul> <li>Year 5 –</li> <li>Puberty</li> <li>Learn about some of the physical changes experienced during puberty.</li> <li>about the importance of personal hygiene during puberty.</li> <li>to respond to questions about puberty</li> <li>how and why emotions may change during puberty.</li> <li>Learn about getting appropriate help, advice and support about puberty.</li> <li>Drugs, Tobacco and Alcohol Education</li> <li>Legal and Illegal Drugs</li> <li>legal and illegal drugs</li> <li>attitudes to drugs</li> <li>peer pressure</li> </ul>	<ul> <li>Year 5- Pupils should be taught to:</li> <li>describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.</li> <li>describe the life process of reproduction in some plants and animals.</li> <li>Pupils should be taught to:</li> <li>describe the changes as humans develop to old age.</li> </ul>

### Year 6-

## **Puberty and Reproduction**

- Puberty and reproduction
- Relationships and reproduction
- Conception and pregnancy
- about managing change new roles and responsibilities as we grow up
- about what constitutes a positive, healthy relationship
- that relationships can change over time
- Learn about adult relationships and the human life cycle

# <u>Drugs, Tobacco and Alcohol Education</u> Preventing Early Use

- Cannabis
- VSA and Getting Help
- help, Advice and Support

### Year 6 -

### Pupils should be taught to:

- describe how living things are classified into broad groups according to common observable characteristics and based on similarities and differences, including micro-organisms, plants and animals
- give reasons for classifying plants and animals based on specific characteristics.
- Pupils should be taught to:
- identify and name the main parts of the human circulatory system,
   and describe the functions of the heart, blood vessels and blood
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- describe the ways in which nutrients and water are transported within animals, including humans.
- recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents